



Surprise of the Sabbatical

News March 2012

You alone are the LORD...You give life to everything, and the multitudes of heaven worship you. *Neh 9:6*

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Dear partners,

What has been going on in my last three months has really shaken my life in a deep way. I was preparing for and looking forward to starting the project of creating an Ethics textbook on the 1st of January and then everything changed. The workload I set up for myself over the last several months led me to a significant burnout at the end of the year. I was working beyond my capacity and I wasn't caring for myself properly and as a result I found myself experiencing an emotional and physical collapse. I was sleeping just 2-3 hours per night. My fasting period ended with improper eating and my body was unable to bear it.

The only way out of it was a complete pause in every area of my life. God gave me mercy and provided professional help. I am very thankful for my wife. She took me through the deepest time of depression and collapse and I was able to slowly start the recovery process. JV Czech gave me two month of sabbatical – salaried time for recovery--with no work tasks to focus full time on recovery. In early March I returned to work and started to work part-time. I returned to building the network of Christian teachers and two days a week I am doing smaller physical ministry tasks. I will continue in this until the end of April. The Ethics Project of creating a school textbook is running without me and I am not returning to it. I am financially covered by ministry partners with 50% of my funds provided and I am praying and searching what to do with the second half. I am looking for God's clarity and guidance; in the meantime I am waiting—but so far it has not come yet. My options are to start as part-time regular teacher of ethics in some middle school in my city of Ostrava or begin teaching Christian ethics lessons in other schools. My biggest prayer is for the confirmation of God's direction.



KO – Timoteus 2012

Prayer Requests:

- For a successful recovery
- For our Network of Christian Teachers that now has 70 people involved
- For KO, the Christian Outdoor ministry, that has successfully started an independent ministry
- For God's long-term direction for my life

It is very humbling not to see great work performance and big work results but rather go through the necessary restoration process so I apologize for my poor communication during this time. I would appreciate it and I would be very thankful if you would be able to stay with me in prayer and financial support during this difficult time. My finances are very difficult during this season and I am considering taking a part-time secular job.

Nada and I are in agreement about finishing my Masters Degree in Teaching until June 2013 and we are looking forward to what God has for us. One key thing God taught me during this period of time is how things can function and go ahead without me. Many events that I was

preparing and had invested a lot of time into went smoothly and is now going fine without me –like the Christmas Snowboard camp and the Men's conference. Christian Outdoor (KO) is now functioning as a new independent ministry. The KO Timothy program is preparing a new generation of the outdoor guides. My main goal now is to recover to good health and fully pass though God's season of learning for me. I have to keep work activities within safe boundaries and finish the inner healing process to fully recover my capacity for people work and bigger responsibilities. I now invest lots of time into reading the Bible and other books and listening to good sermons/teachings. The most precious result of this period of time was what I experienced together with my wife Nada. These things have strengthened our marriage. So many weekends previously spent in ministry are now spent in loving time with my family. In His Love, Honza KUKlínek



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